MEN: Good Health and High Mortality

Female advantage in life expectancy at birth in 2004

Life Expectancy in Denmark 1845-2005

Mortality Age 80-99 Years

Number of Danish centenarians 1970-2008

Male Excess Mortality
Male Excess Mortality

*Women who seek to be equal with men lack ambition*

Timothy Leary (1920-1996)

Health – Grip Strength

- Correlates with other performance measurements
- Predicts disabilities, morbidity and mortality

Grip Strength

![Graph showing grip strength across different age groups](image)

Frederiksen et al. 2006

Male Excess Mortality

- Behavioral?
- Biological?

Men’s own fault?
Are males seeking medical help too late?

Trivial diseases – big reaction

Serious diseases – little reaction

Are males seeking health care too late?

Denmark 2005

All contacts to GPs: 34.8 Mio
All somatic hospitalizations: 1.2 Mio

Slightly sick male

Case stories

- Very intelligent men
- Make the correct diagnosis
- Don’t seek treatment

Male health

Juel & Christensen 2008
The Health-Survival Paradox

Impact of:
- Selection bias (sick men underrepresented?)
- Information bias (sick men underreport?)

Oksuzyan et al., 2008

Registered and reported all-cause medications

Accuracy of reporting

Risk behavior

A male strength or weakness?
Male-female differences in survival

- Females back two horses - genetically

Male at the GP

My wife sent me!
MEN:

Falling behind
- Biological barriers
- Behavioral barriers
- Cultural barriers

Reactions to men’s disease